

Take a Hike

SELF DIRECTED CHALLENGE

Complete 10+ challenges listed below from Sept 21 - Dec 21, 2026!

Hike on any trail for any distance or duration that works for you.
Submit your completed check sheet by Jan 3, 2027 for your chance to
win a \$50 gift card to help you stay active!

For submissions and questions, email recreation@countyofkings.ca



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| ☐ Go on a Group Hike | ☐ Start the Hiker Challenger Badge |
| ☐ Go on a Night Hike | ☐ Hike on the Harvest Moon Trail |
| ☐ Hike along the Coast | ☐ Hike while chatting on the Phone |
| ☐ Hike with Coffee/Tea | ☐ Listen to a Podcast and Hike |
| ☐ Join a Friend on a Hike | ☐ Hike with an Audiobook |
| ☐ Hike and Draw/Create | ☐ Hike while Listening to Music |
| ☐ Go on a Solo Hike | ☐ Hike, Pause, then Meditate |
| ☐ Take your Dog on a Hike | ☐ Go on a Destination Hike |
| ☐ Hike and Sing | ☐ Hike and Picnic (pack a meal) |
| ☐ Learn History of the Hike | ☐ Hike once a week (13 times) |



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